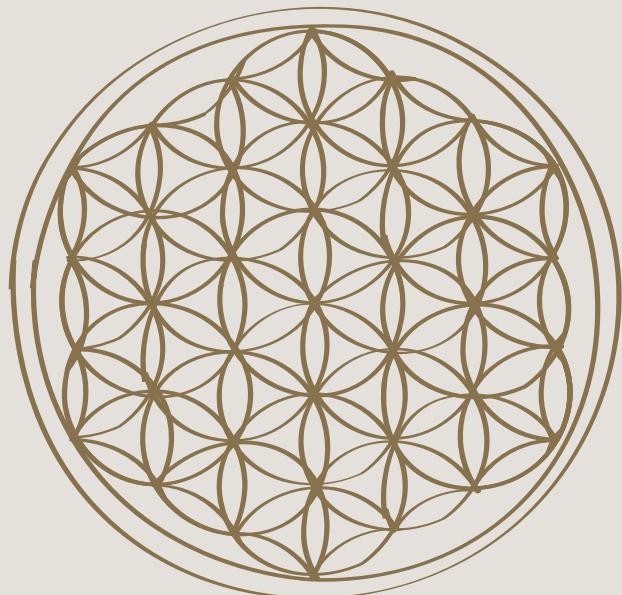
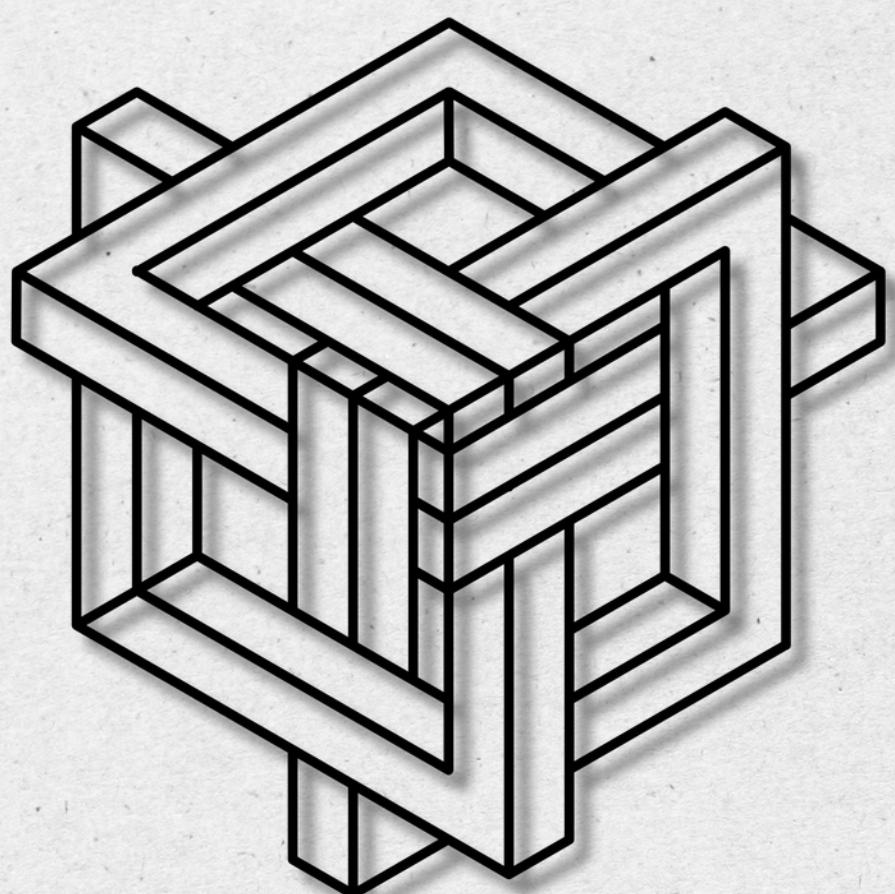


Realism 2.0



Manifesto



Core Premise of Realism 2.0

Written by Buz Delaire

Reality is not singular—it is layered. Most people live trapped within the surface layers of illusion, perception, and manipulation. True understanding comes from peeling back these layers, revealing hidden truths, and actively shaping one's own reality.

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The Five Pillars of Realism 2.0

Reality is Layered, Not Singular.

- Truth is not a fixed entity but a series of layered perceptions.
- We exist in multiple realities at once—physical, digital, ideological, psychological, and existential.
- Understanding these layers allows for greater awareness and control over life.

Perception is a Construct—It Can Be Reprogrammed.

- What you see and believe is shaped by conditioning, media, and external forces.
- *Realism 2.0* teaches that by controlling what enters your mind, you control your perception.
- Mastering perception = mastering reality.

Truth is a Fractured Reflection, Not an Absolute.

- Every truth is filtered through a different layer of reality.
- Instead of searching for a universal truth, *Realism 2.0* focuses on understanding which truths are useful, liberating, or restrictive.
- To evolve, one must challenge every inherited belief.

Systems of Power Exist to Maintain the Surface Layers.

- Governments, media, AI algorithms, and corporations operate by keeping people trapped within illusions.
- A Realist 2.0 understand that control is maintained through perception management.
- To break free, one must learn to decode and reject manipulative systems.

Mastery Comes from Layered Thinking.

- *Realism 2.0* is a mental framework for analyzing and breaking down reality.
- Instead of reacting blindly, A Realist 2.0 sees multiple layers at play, recognizes the hidden mechanisms, and makes decisions accordingly.
- This leads to freedom, autonomy, and the ability to shape one's own world.

The realism 2.0 Method How to Apply It

Step 1: Identify the Surface Layer (The Illusion)

- What belief, assumption, or narrative is being presented as truth?
- Who controls this version of reality, and who benefits from it?
- What happens if you refuse to accept it at face value?

Step 2: Peel Back the Layers (Decode the Reality Stack)

- What hidden factors are influencing this reality?
- Which layers—ideological, media-driven, psychological, societal—are shaping the perception of truth?
- What happens when you strip away those layers and look deeper?

Step 3: Construct a Higher Reality (Decide Your Own Truth)

- What version of reality empowers you rather than limits you?
- How can you reshape your perception in a way that gives you control?
- What mental shifts, actions, and habits reinforce your chosen reality?

Why Realism 2.0 Matters Now More Than Ever

- AI, social media, and technology are shaping digital reality like never before.
- Propaganda and narrative control are stronger than at any point in history.
- People are more disconnected from true reality than ever—trapped in algorithmically controlled illusions.
- *Realism 2.0* provides a framework for understanding, resisting, and reshaping reality in a world designed to manipulate perception.

The *Realism 2.0* Manifesto

"Question the Illusion. See the Layers. Decide Your Reality."

THE Realism 2.0 CODE 10 UNBREAKABLE PRINCIPLES

1

Reality is Layered – Most People Only See the First One.

- The physical world is just the **surface layer**—beneath it lie psychological, ideological, digital, and existential realities.
- The system thrives on keeping people **blind to the deeper layers**.

2

Truth is Not Given—It's Decoded.

- Everything you've been taught—about **success, money, power, happiness, and history**—was programmed into you.
- A Realist 2.0 **doesn't just believe what they're told**—they **investigate, break down, and reconstruct** what's real.

3

Perception is a Weapon – Either You Control It, or It Controls You.

- Media, government, corporations, and tech giants **fight to control perception**—because whoever controls perception controls reality.
- A Realist 2.0 **trains their minds to resist manipulation** and take control of their own narratives.

4

The World is a Program – Learn to Hack It.

- The system is **built to keep you obedient**—through debt, fear, distraction, and societal pressure.
- Once you see the layers, **you can rewrite the code and break free.**

5

Fear is the Most Powerful Control Mechanism.

- Governments, corporations, and media use **fear to keep you weak, compliant, and distracted.**
- A Realist 2.0 does not react emotionally to fear-based narratives—**they analyze, adapt, and act with purpose.**

6

There is No "One Truth" – Only Useful and Useless Perspectives.

- **Reality isn't absolute**—it's shaped by what you choose to accept and reject.
- A Realist 2.0 **curates their own reality based on what empowers them.**

7

Knowledge Without Action is Useless.

- Most people **learn but never apply**. They consume information but change nothing.
- A Realist 2.0 **acts on knowledge immediately**, testing ideas in the real world.

8

Disrupt the System—Or Be Trapped By It.

- The system rewards **conformity and passive obedience**.
- A Realist 2.0 **builds their own path—financially, intellectually, and socially**.

9

Your Mind is the Final Battleground.

- You will be tested. **Society will pressure you to return to comfort, obedience, and illusion**.
- A Realist 2.0 **stays sharp, adaptable, and free-thinking—always questioning, always evolving**.

10

You Decide Your Reality.

- A Realist 2.0 **does not accept the pre-packaged version of life handed to them**.
- They construct their own world, **on their own terms**.

REAL-WORLD APPLICATIONS

How *Realism 2.0* Changes your life

Money

- Stop playing the **9-to-5 trap**—the financial system is a **control mechanism**.
- Learn **how money actually moves**, and **position yourself outside of wage slavery**.
- A Realist 2.0 **does not trade time for money**—they **trade value for leverage**.

MEDIA & INFORMATION

- Most people consume media without **thinking critically**—A Realist 2.0 will dissect and decode every message.
- News, entertainment, and social media are **all forms of narrative control**.
- A Realist 2.0 **intentionally curate their inputs to shape a reality that benefits them**.

POWER & INFLUENCE:

- A Realist 2.0 **can see how power structures operate** and learn to use the system instead of being used by it.
- Whether in business, politics, or social life, **they understand leverage and positioning**.
- **Example:** Instead of begging for attention, A Realist 2.0 makes themselves **undeniable**.

SOCIAL INTERACTIONS & PSYCHOLOGY:

- A **Realist 2.0** studies **human nature**—how people think, how they are controlled, and how they can be influenced.
- They don't fall for **guilt-trips, peer pressure, or emotional manipulation**.
- They **choose their role in every interaction**—instead of being assigned one.

Join the Realism 2.0 movement or stay blind

This isn't just **a way of thinking**—it's a way of **seeing reality differently than 99% of people**.

Most will **stay blind** because it's easier.

Most will **follow the illusion** because it's comfortable.

Most will **never wake up**.

Refuse to be controlled.
See beyond the illusion.
Decide your own reality.

You have two choices:

Stay plugged in. Believe what you're told. Live like everyone else.

Or wake the f@ck up, break the illusion, and take control of your life.

If you're ready to break free and take the Realism 2.0 challenges **go here**.

Buy the Wake The F@ck Up book **here**.